

BULLYING & RELATIONAL AGGRESSION FOR BOYS

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Book/Author	Talking Points
<u>Just Kidding by Trudy Ludwig</u>	<ul style="list-style-type: none"> • Emotional bullying • The difference between teasing and bullying • When “just joking” actually hurts
<u>Sorry! by Trudy Ludwig</u>	<ul style="list-style-type: none"> • Sincere apologies/ Responsibility • Personal accountability • Empathy
<u>Better Than You by Trudy Ludwig</u>	<ul style="list-style-type: none"> • Friendship • Self-Esteem/Valuing Your Own Strengths
<u>Simon’s Hook by Karen Gedig Burnett</u>	<ul style="list-style-type: none"> • Teasing/Putdowns • Standing up for yourself
<u>The Invisible Boy by Trudy Ludwig</u>	<ul style="list-style-type: none"> • Social bullying/ Inclusion and exclusion • The impact of noticing someone who feels invisible • Small acts that make a big difference
<u>Nobody Knew What to Do by Becky Ray McCain</u>	<ul style="list-style-type: none"> • Reporting to a trusted adult • Fitting in • Bystander vs. upstander behavior
<u>Turn Away From Teasing by Gill Hasson</u>	<ul style="list-style-type: none"> • Speaking up for yourself/others • Naming feelings associated with teasing • Practical coping tools
<u>Sometimes It’s Hard to Be Nice by Maggie C. Rudd</u>	<ul style="list-style-type: none"> • Conflicts with siblings • Patience with peers • The effort it takes to choose kindness
<u>Nobody!: A Story About Overcoming Bullying in Schools by Erin Frankel</u>	<ul style="list-style-type: none"> • Kindness • Self confidence
<u>Enemy Pie by Derek Munson</u>	<ul style="list-style-type: none"> • Overcoming conflict • Friendship