

EXECUTIVE FUNCTION READ ALOUDS

	Book/Author	Talking Points
Working Memory	"I Just Forgot" by Mercer Mayer	<ul style="list-style-type: none"> • Forgetting things we need • Being responsible
	"Don't Forget" by Jane Godwin	<ul style="list-style-type: none"> • Daily routines • Remembering to smile and be kind • Mindfulness
	"The Forgetful Knight" by Michelle Robinson	<ul style="list-style-type: none"> • Remembering details
	"What George Forgot" by Kathy Wolff	<ul style="list-style-type: none"> • Morning routines • Remembering school materials
	"Memory Jars" by Vera Brosgol	<ul style="list-style-type: none"> • Transitions • Holding on to memories • Sentimental memories
	"How Can I Remember All That?" by Tracy Alloway	<ul style="list-style-type: none"> • What working memory is • Problems with memory • Tips for improving memory
	"How Do I Remember All That?" by Bryan Smith	<ul style="list-style-type: none"> • Strategies for improvement • Recalling information required to complete tasks or functions

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Flexible Thinking	"Flexible Thinking Ninja" by Mary Nhin	<ul style="list-style-type: none">• Problem solving• Being creative• Looking at a problem from different angles
	"Beautiful Oops" by Barney Saltzberg	<ul style="list-style-type: none">• Seeing a mistake as an opportunity
	"A Little Spot of Flexible Thinking" by Diane Alber	<ul style="list-style-type: none">• Changes to routines• Problem Solving
	"It's Okay To Make Mistakes" by Todd Parr	<ul style="list-style-type: none">• Embracing mistakes• Joy of happy accidents
	"The Book Of Mistakes" by Corinna Luyken	<ul style="list-style-type: none">• The creative process• Transforming mishaps
	"Not Norman" by Kelly Bennett	<ul style="list-style-type: none">• Managing disappointment• Finding joy in things that you weren't expecting
	"The Creature Of Habit" by Jennifer Smith	<ul style="list-style-type: none">• Adapting to a change in routine/embracing change• Appreciating differences• Adaptability and trying new things.
	"My Day Is Ruined!" by Bryan Smith	<ul style="list-style-type: none">• Reacting to the unexpected• 4 Steps to flexible thinking

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Planning and Problem Solving	"Porcupine Had a Fuzzy Sweater" by Jody Shaffer	<ul style="list-style-type: none">• Making choices• Honesty• Deciding what needs to be done
	"What We'll Build" by Oliver Jeffers	<ul style="list-style-type: none">• Family working together• Working together
	"Stuck" by Oliver Jeffers	<ul style="list-style-type: none">• Preventing and solving a problem• Making problems bigger
	"Elephant Island" by Leo Timmers	<ul style="list-style-type: none">• Rebuilding and perseverance• Creative problem solving• Teamwork
	"What Should Darla Do" by Ganit Levy	<ul style="list-style-type: none">• Choices and consequences• Preventing problems• Conflict and peer relationships
	"More-igami" by Dori Kleber	<ul style="list-style-type: none">• Patience and practice
	"The Perfect Plan" by Leah Gilbert	<ul style="list-style-type: none">• Leadership & perseverance• Creative thinking
	"I'll Never Get Any Of That Done!" by Bryan Smith	<ul style="list-style-type: none">• Having too much to do• Prioritizing

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Metacognition	"Catching Thoughts" by Bonnie Clark	<ul style="list-style-type: none"> • Helpful thinking • Navigating negative thoughts
	"I Can Do Hard Things" by Gabi Garcia	<ul style="list-style-type: none"> • Affirmations
	"What If Everybody Thought That" by Ellen Javernick	<ul style="list-style-type: none"> • Mindfully noticing thoughts • Preconceived notions
	"The What Ifs" by Emily Kilgore	<ul style="list-style-type: none"> • Anxious/worry thoughts • Coping • Changing thoughts
	"What Do You Do With An Idea" by Kobi Yamada	<ul style="list-style-type: none"> • Persistence • Impact of small ideas • Confidence and creativity
	"I Can Handle It" by Laurie Wright	<ul style="list-style-type: none"> • Mindful mantras
	"I Think, I Am!" by Louise Hay	<ul style="list-style-type: none"> • Coping by using positive affirmations
	"It's Tough To Lose Your Balloon" by Jarrett J. Krosoczka	<ul style="list-style-type: none"> • Positive thinking/mindset, • Overcoming obstacles • Optimism
	"The Friend I Need" by Gabi Garcia	<ul style="list-style-type: none"> • Negative self-talk, • Self-care/self-compassion • Handling mistakes

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Time Management and Task Initiation	"A Second, a Minute, a Week with Days in It: A Book about Time" by Brian Cleary	<ul style="list-style-type: none">• Math• Thinking about time in everyday events
	"I. Q. It's Time" by Mary Ann Fraser	<ul style="list-style-type: none">• Time management• Completing daily tasks
	"Time To Get Started" by Bryan Smith	<ul style="list-style-type: none">• Having to stop a preferred task• Taking initiative
	"Jasper & Ollie Build A Fort" by Alex Willan	<ul style="list-style-type: none">• Friendship• Different approaches to starting and finishing tasks
	"The Paperboy" by Dav Pilkey	<ul style="list-style-type: none">• Doing an early morning job

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Attention and Focus	"My Brain Is Like A Puppy" by Laura Filtness	<ul style="list-style-type: none"> • Mindfulness/Being Present • Academic/ study skills • Ignoring distractions • Healthy work habits • Empathy
	"What Does It Mean to be Present?" by Rana DiOrio	<ul style="list-style-type: none"> • Mindfulness/Being Present • Kindness/Empathy
	"Be Where Your Feet Are" by Julia Cook	<ul style="list-style-type: none"> • Mindfulness/Being Present • Focusing thoughts
	"Mindful Monkey, Happy Panda" by Lauren Alderfer	<ul style="list-style-type: none"> • Serenity
	"Interrupting Chicken (series) by David Ezra Stein	<ul style="list-style-type: none"> • Waiting for your turn/patience • Interrupting
	"I am Peace" by Susan Verde	<ul style="list-style-type: none"> • Mindfulness
	"Puppy Mind" by Andrew Nance	<ul style="list-style-type: none"> • Mindfulness/ Being present • Normalizing feelings

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Self Regulation & Self Monitoring	"Even Superheroes Have Bad Days" by Shelley Becker	<ul style="list-style-type: none"> • Emotional acceptance • Self-care/ coping
	"What Were You Thinking " by Bryan Smith	<ul style="list-style-type: none"> • Controlling impulses • Stopping, thinking, decision-making, and choosing the right behavior
	"Clark The Shark" by Bruce Hale	<ul style="list-style-type: none"> • Impulse control • Expectations • How your self control impacts those around you
	"We Don't Eat Our Classmates" by Ryan Higgins	<ul style="list-style-type: none"> • Temptation • Empathy
	"How Did I Miss That" by Bryan Smith	<ul style="list-style-type: none"> • Self-monitoring • Completing work accurately and completely
	"Alphabreaths: The ABCs of Mindful Breathing" by Christopher Willard	<ul style="list-style-type: none"> • Mindfulness/ Breathing
	"The Thunder Pause" by Sheri Mabry	<ul style="list-style-type: none"> • Taking a "pause" to calm down
	"Hands Off Harry" by Rosemary Wells	<ul style="list-style-type: none"> • Keeping your hands to yourself • Making changes
	"Just Kidding" by Trudy Ludwig	<ul style="list-style-type: none"> • Empathy • Stopping to think before speaking • Jokes about others

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Organization	"The Rainbow Cleanup" by Clea Shearer & Joanna Teplin	<ul style="list-style-type: none">• Cleaning your room and keeping it clean• Sorting items according to the colors
	"It was Just Right Here" by Bryan Smith	<ul style="list-style-type: none">• Disorganization and consequences
	Kiki & Jax: The Life-Changing Magic of Cleaning Up by Marie Kondo	<ul style="list-style-type: none">• Friendship• Finding joy in organization
	"A Little Spot Of Organization" by Diane Alber	<ul style="list-style-type: none">• Organizing their room, their time, and thoughts
	"Pigsty" by Mark Teague	<ul style="list-style-type: none">• Cleaning a messy room
	"Wally and Mae" by Christa Kempter	<ul style="list-style-type: none">• Differences in friends/ organization styles
	"Franklin Is Messy" by Brenda Clark	<ul style="list-style-type: none">• Being so messy you can't find the things you need
	"Too Many Carrots" by Katy Hudson	<ul style="list-style-type: none">• Having too much of something/ minimizing

FIND MORE TITLES IN THE PAWSITIVE SCHOOL COUNSELOR'S BIG BOOK DATABASE

