

## TERMS OF USE

### DO

#### Terms of Use

\*Make as many hard copies as you like for your OWN classroom

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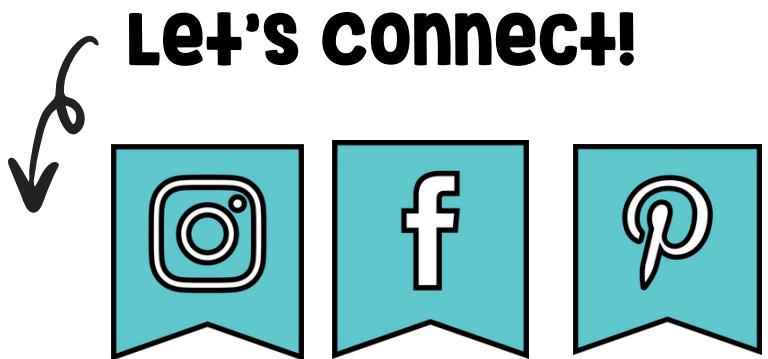
- Share Power Point TM or Google Slides TM as a Tier I intervention with students you work with directly.
  - Give credit to Pawsitive School Counselor as the author

### . DO NOT

- Upload resource to a public website (your school website, FB, any social media account, Etc.)
  - Share with your school and district- they need to buy their own additional license.
  - Email to co-workers for their own use. Send them my TPT link to buy their own license.
  - Use parts of this resource to create your own resource or use on Outschool

## credits

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What The Teacher Wants  
and Pond Free Me



## Let's connect!

## Print and use:

- You may want to print these cards 1 to 2 sided to allow for more sessions.
- I also like to print one side with the punch card and one side with the conflict resolution strategies.
- You may want to laminate the cards so they will last longer.

# COUNSELING PUNCH CARDS

## Ideas for Use:

### Using Punch Cards with Students

I use these punch cards with my frequent flyers, small groups, and individual students who benefit from structure or who may struggle with transitions and closure.

### When to Give the Card

There's no single "right" time.

- Sometimes I give it to students before our first session to set clear expectations.
- Other times, I introduce it during the first visit once we've discussed what we'll be working on together.

### When to Punch the Card

I punch (or "X") one circle at the end of each session.

- For students with scheduled meetings, this helps provide a sense of structure and closure.
- For students who use passes as needed, I remind them to think about:
  - a. The size of the problem
  - b. Strategies they could try first
  - c. Whether they still need to see me

If they decide they still need support, they can use the pass with their teacher to come see me.

### How to Explain the Card to Students

I tell students that during our sessions—whether in a small group or one-on-one—we'll be working toward a goal.

Example: "We're going to focus on handling friendship drama in positive ways and learning when to solve problems on your own."

I explain that each punch represents progress toward that goal. Once their card is full, they will have "graduated" from that goal area.

For some students (especially frequent flyers dealing with repeated issues like drama), I also explain that if we reach the last punch and the problem is still happening—for example, teachers are still noticing conflict—it might mean we need extra support like parents, administration, or other staff to help.





## **DON'T BE A DRAMA LLAMA!**

- Share how you feel
- TALK it out using an I-Message
- Find a win/win solution
- move forward



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## **I CAN BE A PROBLEM SOLVER!**

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## COUNSELOR PASS

Name: .....

My goal:



Pawsitive School Counselor

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Name: .....

My goal:

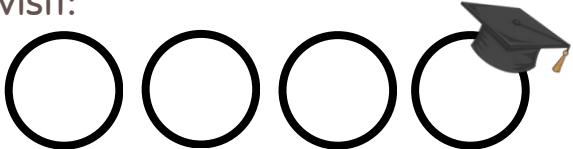


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## COUNSELOR PASS

Name: .....

Draw how you feel after each visit:

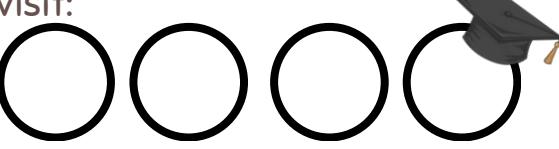


 Pawsitive School Counselor

## COUNSELOR PASS

Name: .....

Draw how you feel after each visit:



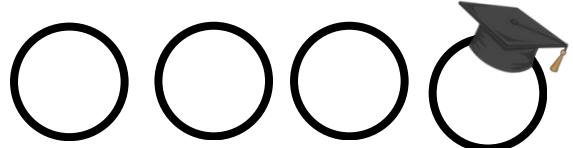
 Pawsitive School Counselor

## COUNSELOR PASS

Rate your confidence in solving this yourself:

not confident

very confident



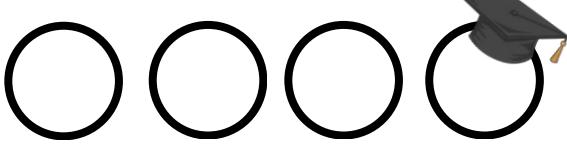
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## COUNSELOR PASS

Rate your confidence in solving this yourself:

not confident

very confident



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## COUNSELOR PASS

Name: .....

How sure are you that you can solve this on your own?

1 = not sure at all 5 = super sure



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## COUNSELOR PASS

Name: .....

How sure are you that you can solve this on your own?

1 = not sure at all 5 = super sure



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## COUNSELOR PASS

Name: .....

By the end of our meetings, I can handle this problem on my own.



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## COUNSELOR PASS

Name: .....

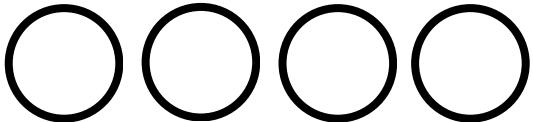
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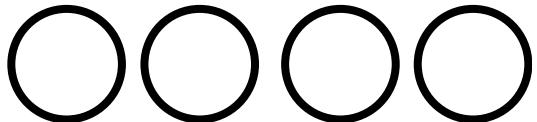
Name: .....



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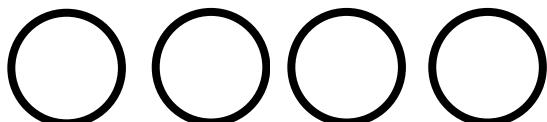
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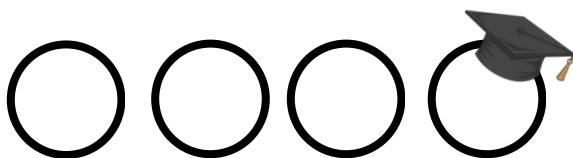
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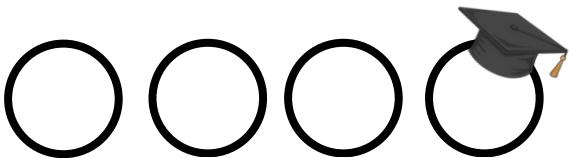
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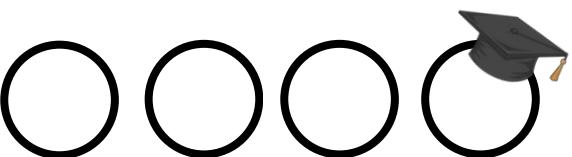
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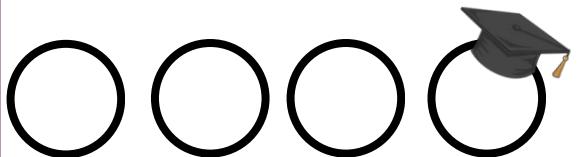
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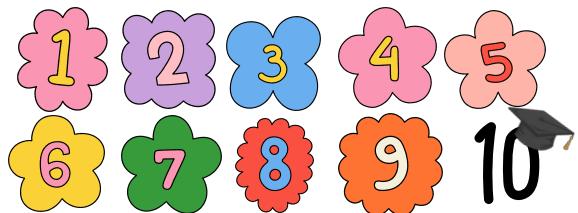
Name: .....



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## MY SMALL GROUP PASS

Name:



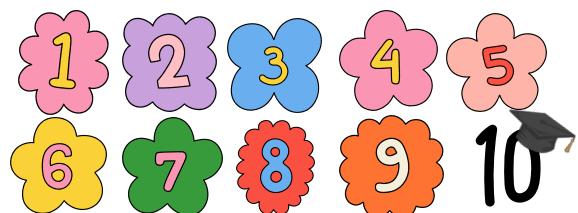
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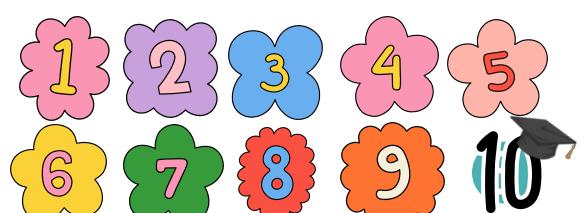
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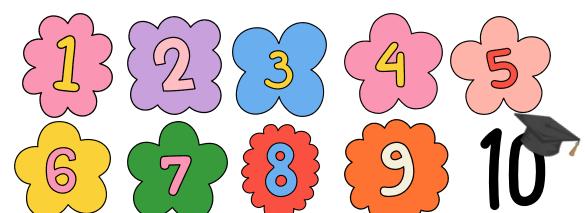
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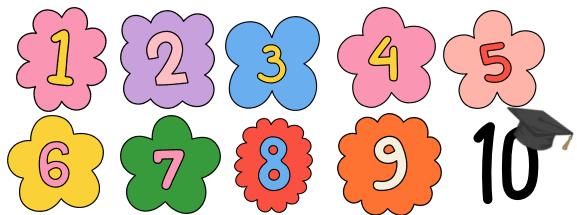


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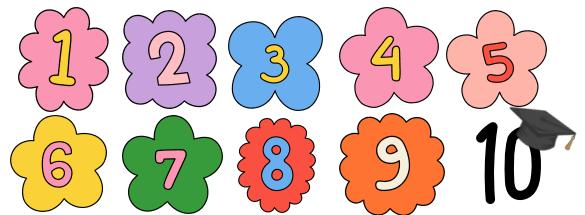
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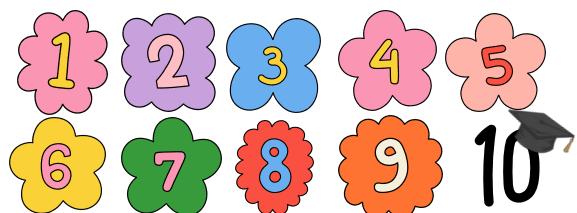
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We meet:



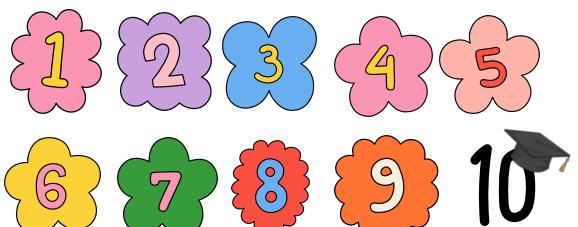
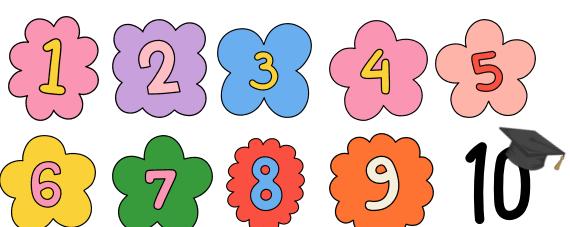
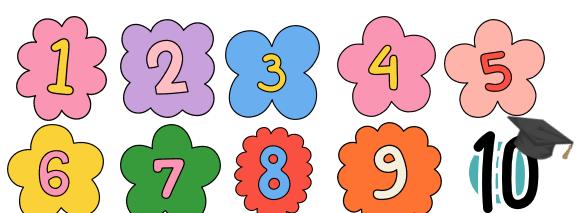
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We meet:



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We meet:



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We meet:



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